

- CORPORATE AND PRIVATE FUNCTIONS -
- PLATTERS AND CANAPÉS -
- CAKES, CUPCAKES, COOKIES AND DESSERT -
- FRESH, HOMEMADE MEALS TO FREEZE -
- HALAAL-FRIENDLY CATERING -



CONTACT US  
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 CALL PIA: 021 712 7373 OR 079 083 5241

## HOMEMADE MEALS TO FREEZE

FRESHLY MADE MEALS TO ORDER, READY-TO-BAKE, RE-HEAT OR FREEZE

MADE WITH THE BEST QUALITY INGREDIENTS, FRESH AND FREE-RANGE PRODUCE

NO ADDITIVES OR PRESERVATIVES ADDED  
**PRICES INCLUDE VAT**

### PASTA DISHES - TO BE BAKED OFF

	SERVES 2	SERVES 4
<b>LASAGNE'S</b>		
- TRADITIONAL BEEF LASAGNE	<b>R190</b>	<b>R365</b>
- ROAST CHICKEN LASAGNE with mushrooms and peppers	<b>R210</b>	<b>R385</b>
- AUBERGINE LASAGNE grilled with mushrooms, spinach, feta and caramelised onion	<b>R180</b>	<b>R350</b>
- ROAST BUTTERNUT LASAGNE with caramelised onion, spinach and feta	<b>R180</b>	<b>R350</b>
<b>PENNE PASTA BAKES</b>		
- MAC 'N CHEESE with Parmesan cheese and herbs	<b>R170</b>	<b>R240</b>
- MUSHROOM MAC 'N CHEESE with thyme and truffle oil	<b>R180</b>	<b>R290</b>
- BUTTERNUT MAC 'N CHEESE with roasted butternut, c/onion, sage and creamy feta	<b>R180</b>	<b>R290</b>
- CHICKEN & MUSHROOM with thyme and fresh cream	<b>R200</b>	<b>R360</b>
- BEEF BOLOGNAISE with creamy, cheesy bechamel	<b>R190</b>	<b>R350</b>
<b>RAVIOLI &amp; CANNELLONI</b>		
- WILD MUSHROOM & ARTICHOKE RAVIOLI with roast beetroot, feta & mushrooms in a basil pesto cream sauce	<b>R180</b>	<b>R340</b>
- SPINACH & RICOTTA CANNELLONI with a creamy mushroom sauce and napolitana	<b>R175</b>	<b>R330</b>

### PIES - TO BE BAKED OFF

<b>PUFF PASTRY</b>		
- ROAST CHICKEN & MUSHROOM		<b>R195</b>
- PEPPERED STEAK		<b>R195</b>
<b>COTTAGE PIES</b>		
- BEEF MINCE AND VEGETABLE with a creamy herb mash		<b>R165</b>
- VEGETABLE AND CHICKPEA with a sweet potato mash		<b>R155</b>
- CLASSIC FISH PIE WITH PRAWNS topped with creamy mash		<b>R300</b>
<b>PHYLLO PIES</b>		
- CREAMY CHICKEN AND LEEK		<b>R190</b>
- SPANAKOPITA STYLE creamed spinach and feta pie with puff pastry base and phyllo leave		<b>R180</b>

### SPECIALTY DISHES - FULLY COOKED

	SERVES 2	SERVES 4
<b>CHICKEN DISHES</b>		
- MOROCCAN CHICKEN TAGINE with preserved lemon and green olives	<b>R190</b>	
- MOROCCAN CHICKEN TAGINE with chickpeas and peppers	<b>R180</b>	
- CHICKEN AND BEAN ENCHILADA with sour cream	<b>R170</b>	
- CHICKEN AND LEEK BAKE chicken on the bone with leeks in a sweet tangy cream sauce	<b>R180</b>	
- CHICKEN ALEXANDER chicken on the bone with mushrooms, peppers and cream cheese	<b>R180</b>	
- POT ROAST CHICKEN with root vegetables in a rich gravy	<b>R180</b>	
- BUTTER CHICKEN 300g boneless thighs in a mild tikka masala curry	<b>R170</b>	
- CHICKEN KORMA 300g boneless thighs in a mild tomato cardamon curry	<b>R170</b>	
<b>BEEF DISHES</b>		
- TRADITIONAL BEEF MINCE BOBOTIE	<b>R165</b>	
- DAD'S FAMOUS FRIKKADEL'S with slow cooked cherry and onion tomato smoor	<b>R175</b>	
- BRAISED BEEF CASSEROLE slow cooked with mushrooms and cream	<b>R190</b>	
- BRAISED BEEF & VEGETABLE HOT POT topped with sliced potatoes and rosemary butter	<b>R190</b>	
- SLOW COOKED BEEF SHORT RIB slow cooked with mushrooms and green beans in a rich gravy	<b>R180</b>	
<b>LAMB DISHES</b>		
- LAMB TOMATO BREDIE Slow cooked in our homemade tomato sauce with baby potatoes	<b>R 220</b>	<b>R400</b>
- LAMB MADRAS rich, fragrant and intense curry with potatoes	<b>R220</b>	<b>R400</b>
- GREEK LAMB YOVETSI Cooked in our homemade tomato sauce with parmesan cheese & orzo pasta	<b>R220</b>	<b>R400</b>

### FISH DISHES

- THAI GREEN CURRY with spicy fish cake balls **R180**

### VEGETARIAN AND SIDE DISHES - FULLY COOKED

- MUSHROOM AND BROCCOLI STROGANOFF	<b>R165</b>	
- VEGAN LENTIL, CARROT AND ZUCHINNI ARRABIATA PASTA SAUCE	<b>R110</b>	
- GRILLED AUBERGINE, TOMATO MOZZARELLA BAKE in our napolitana sauce	<b>R165</b>	
- VEGETABLE AND LENTIL BOBOTIE	<b>R165</b>	
- VEGETABLE & CHICKPEA TAGINE	<b>R165</b>	
- SAVOURY BASMATI RICE 250g	<b>R85</b>	
- HERB BASMATI RICE 250g	<b>R60</b>	
- RATATOULLIE with orzo pasta	<b>R165</b>	
- MUSHROOM, SPINACH AND LENTIL KORMA	<b>R165</b>	
- ROAST VEGETABLE BAKE in a Napolitano sauce and herbed bread crumble	<b>R80</b>	<b>R150</b>
- SAVOURY LENTIL BASMATI with mixed vegetables & cumin scented lentils	<b>R80</b>	<b>R150</b>

### SOUPS 850ML TUB

Made with fresh homemade stocks

- THAI BUTTERNUT SOUP	<b>R90</b>
- BUTTERNUT AND ORANGE	<b>R90</b>
- CAULIFLOWER AND PARMESAN	<b>R90</b>
- POTATO AND LEAK	<b>R90</b>
- CHERRY TOMATO & BASIL	<b>R90</b>
- CHICKEN AND CORN SOUP	<b>R100</b>
- CHUNKY VEG & TOMATO	<b>R90</b>
- BEEF AND VEGETABLE	<b>R100</b>
- BEEF AND BEAN	<b>R100</b>

MORE OPTIONS ON THE NEXT PAGE

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## DINNER MEAL BOXES

FRESHLY MADE MEALS TO  
 ORDER, READY-TO-BAKE,  
 RE-HEAT OR FREEZE

MADE WITH THE BEST  
 QUALITY INGREDIENTS, FRESH  
 AND FREE-RANGE PRODUCE

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### STANDARD DINNER MEALS FOR A WEEK (SERVES 2) - R1670

- 1 x TRADITIONAL BEEF LASAGNE
- 1 x ROAST CHICKEN AND MUSHROOM PIE
- 1 x BRAISED BEEF
- 1 x CHICKEN ALEXANDER
- Chicken pieces in a creamy mushroom and mixed peppers sauce
- 1 x POT ROAST CHICKEN with root vegetables in a rich gravy
- 1 x BUTTER CHICKEN ROTI WRAP
- 1 x CLASSIC FISH PIE TOPPED with creamy mash
- 1 x CHICKEN AND CORN SOUP
- 1 x TRADITIONAL WINTER VEGETABLE SOUP

#### SIDES FOR 2

- 1 x HERBED BASMATI RICE
- 1 x ROAST VEGETABLE IN NAPOLITANA SAUCE with herb crumble
- 1 x SAVOURY HERBED BASMATI
- 1 x ROAST BUTTERNUT, SWEET POTATO AND BUTTERNUT in cinnamon honey glaze
- 1 x MALVA PUDDING

#### NOTE

Weekly meals for 2 people delivered frozen  
 Valued at R1870 but weekly pack cost R1670 (save R200)  
 14 food items in total  
 Free delivery on a Wednesday

### FAMILY OF 4 DINNER MEALS FOR A WEEK - R3260

- 1 x TRADITIONAL BEEF LASAGNE
- 1 x ROAST CHICKEN AND MUSHROOM PIE
- 1 x BRAISED BEEF
- 1 x SPICED MOROCCAN HARISSA CHICKEN
- Spiced Moroccan harissa chicken in sweet spicy sauce with roast aubergines and almonds
- 1 x POT ROAST CHICKEN with root vegetables in a rich gravy
- 1 x BUTTER CHICKEN ROTI WRAP
- 1 x CLASSIC FISH PIE topped with creamy mash
- 2 x CHICKEN AND CORN SOUP (850ml)
- 2 x TRADITIONAL WINTERS VEGETABLE SOUP (850ml)

#### SIDES FOR 4

- 1 x HERBED BASMATI RICE
- 1 x ROAST VEGETABLE IN NAPOLITANA SAUCE with herb crumble
- 1 x SAVOURY HERBED BASMATI
- 1 x ROAST BUTTERNUT, SWEET POTATO AND BUTTERNUT in cinnamon honey glaze
- 1 x MALVA PUDDING for 4

#### NOTE

Weekly family meals for 4 people delivered frozen  
 Valued at R3590 but weekly pack cost R3260 (save R330)  
 16 food items in total  
 Free delivery on a Wednesday.

### VEGETARIAN DINNER MEALS FOR A WEEK (SERVES 2) - R1530

- 1 x ROAST BUTTERNUT, CARAMELIZED ONION, SPINACH AND FETA LASAGNE
- 1 x MUSHROOM, SPINACH AND LENTIL KORMA
- 1 x MIXED VEGETABLE AND CHICKPEA CURRY ROTI WRAPS
- 1 x GRILLED AUBERGINE, TOMATO AND MOZZARELLA BAKE with fresh basil and tomato sauce
- 1 x VEGETABLE AND CHICKPEA TAGINE
- 1 x VEGETABLE AND CHICKPEA COTTAGE PIE with a sweet potato mash
- 1 x SPANAKOPITA STYLE PHYLLO PIE
- 1 x BUTTERNUT AND ORANGE
- 1 x TRADITIONAL WINTERS VEGETABLE SOUP

#### SIDES FOR 2

- 1 x SAVOURY VEGETABLE AND CUMIN SCENTED LENTIL BASMATI
- 1 x ROAST VEGETABLE IN NAPOLITANA SAUCE with herb crumble
- 1 x SAVOURY HERBED BASMATI
- 1 x ROAST BUTTERNUT, SWEET POTATO AND BUTTERNUT IN CINNAMON HONEY GLAZE
- 1 x MALVA PUDDING

#### NOTE

Weekly vegetarian meals for 2 people delivered frozen  
 Valued at R1510 but weekly pack cost R1389 (save R121)  
 14 food items in total  
 Free delivery on a Wednesday.

## WARM WINTERY DESSERTS

#### SERVES 4

- TRADITIONAL MALVA PUDDING **R85**
- DECADENT CHOCOLATE PUDDING **R100**
- BUTTERY APPLE AND PEAR SPONGE PUDDING **R100**
- CROISSANT BREAD AND BUTTER PUDDING **R100**
- FRENCH STYLE HOME MADE CUSTARD **R85 for 850ml**